

What is the Cost?

Registration fee of \$35.00

The 4 week package is \$270.00 plus the \$35.00 registration fee, or if you prefer to pay weekly the tuition \$75.00 per week - payable in advance.

10% discount for 4 weeks paid in advance.

A registration fee of \$35 is due, along with the first week of lessons, payable to Fit N Wise to hold your place and time in class. The first day of the first week of class you will be obligated to pay for the 2nd week, and so forth. There is a 10% discount for four weeks paid in advance. We accept cash, check and credit card. Please read and sign our refund policy.

How long does it take for the child to learn?

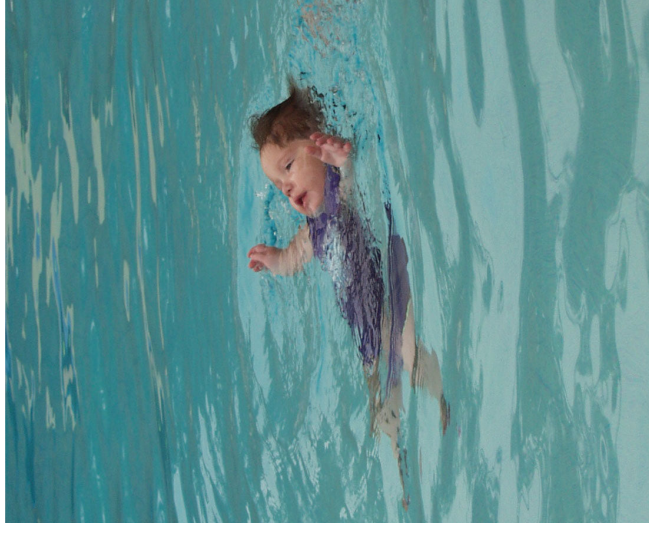
On average it takes a child from 4-6 weeks to accomplish the swim-float-swim method.

We will not rush a child, nor allow the parents to do so. Usually a child is doing very well after four weeks of lessons. This depends on the individual child and your orientation to water.

No amount of training can "drown proof" a child. There is NO substitute for safe supervision.

INFANT AQUATIC SURVIVAL

Ages 6 mo. - 4 yrs.
SWIM-FLOAT-SWIM



Fit N Wise

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Kim Emery
Certified Infant
Aquatics Specialist

What is Survival Swimming?

Discover what a young child can learn when placed in the hands of an Infant Aquatics Specialist.

Infant Aquatics specialists teach children 6 months to 6 years survival swimming skills. They are taught to roll completely over onto their backs to float, relax and breathe.



Babies are quite buoyant and can remain in this position for a very long time, even while fully clothed.

Survival swimming skills also serve as a foundation for learning correct stroke technique.

Why Infant Aquatics?

Infants and toddlers learn to swim quickly because of their motor development and usually have no fear of the water. Older children often develop fears as a result of an emerging imagination and recognition of the water's depth

How are Lessons Conducted?

Lessons are one-on-one, four times per week. Our lessons are short; about 10-12 minutes long; and tailored for the learning style of a very young child.

Consistency in attendance is the key to success. Toddlers do best with short lessons multiple times per week, rather than one long lesson. Our program is flexible because children learn differently.

Be assured, we do not throw children into the water. We use a variety of methods, combining the best ideas from swim schools and infant/toddler programs throughout the world.



AquaBabies for Infant Aquatics Graduates

Our AquaBabies group class is the next step for babies who have completed private lessons and have acquired basic survival skills.

These once a week, 30 minute classes enable parents to become comfortable and adept at handling their baby swimmers in the water.

More importantly, it allows babies to practice the skills they have learned for maximum retention while experiencing the fun of water exploration within a relaxed group setting.

Parents and babies interact with each other while they swim, float, sing and play together in the water.

AquaBabies (parent/child)

\$35.00/mo.

\$50.00/mo Non-Member