

**WISE REGIONAL HEALTH SYSTEM**

March 7 - 13

4

<b>LUNCH</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>ENTRÉE</b>	Grill	Deviled Pork Chop	Fried Chicken	Beef or Chicken Fajita	Frito Pie or Chili Dog	Baked Potato Bar	Grill
<b>ENTRÉE</b>	Chicken & Dumplings	Cabbage Roll	Philly Steak Sandwich	Stuffed Shells w/Marinara Sauce	Pot Roast	Shrimp Creole	Cheese Enchiladas
<b>STARCH</b>	Corn Fritters	Au Gratin Potatoes	Mashed Potatoes	Mex Rice; Refried Beans	Roasted Red Potatoes	Steamed Rice; Whole Kernel Corn	Mex Rice; Ranch Style Beans
<b>VEGETABLE</b>	Peas & Carrots	Spinach	Bermuda-blend Veggies	Ital-cut Green Beans	Malibu-blend Veggies	Asparagus	Steamed Zucchini
<b>SOUP</b>		Potato Bacon	Hearty Vegetable	Baja Chicken Enchilada	Chicken Sausage Gumbo	Tomato Florentine w/Pasta	
<b>BREAD</b>	Biscuit	Corn Bread	Wheat Roll	Garlic Bread	Wheat Roll	Hush Puppies	Wheat Roll
<b>DINNER</b>							
<b>ENTRÉE</b>	<b><i>CLOSED</i></b>	Steak Fingers & Gravy	Ham & Broccoli Rollup	Hot & Spicy Wings	Fried Shrimp	Hamburger on Bun	<b><i>CLOSED</i></b>
<b>STARCH</b>		Mashed Potatoes	Rice Pilaf	Mac & Cheese	Onion Rings	Seasoned Fries	
<b>VEGETABLE</b>		Fried Yellow Squash	Mixed Vegetables	Fried Green Beans			
<b>Week 4</b>							